



Our New In Studio Normal beginning with the 2020-21 Fall

***The Main building and Annex are cleaned and disinfected every day. In addition to regular daily cleaning, all rooms will be sterilized by UV lights.**

The HVAC units have had Halo air scrubbers installed to continually sterilize the air students and staff are breathing as well as all surfaces. [Click here](#) for info about the Halo air purification systems that have been installed.

***Mats & gymnastics equipment will be sanitized in between classes.**

***Older students, student teachers and staff will sanitize the bathrooms with provided alcohol after each use (instructions are in each bathroom and the kitchen area)**

***Mr. Mario will sanitize surfaces and doorknobs throughout the evening.**

***Arrival and departure times will be staggered where possible.**

***We will still be minimizing the number of people in our studio: Parents of all levels except White Level Beginning Dance will need to drop off and pick up. Each younger class (Yellow, Pink, Gymnastics, L1 Acro) will have a student or assistant teacher to help the children as needed.**

• All students and parents must comply with social distancing and hand-washing protocols and will refrain from entering the building if they are experiencing any of the pre-screen symptoms listed on the [health screening checklist](#).

***Students who do not feel comfortable coming into the studio will still be able to take class with their regular classmates through Zoom.**

***Classrooms all have larger than required social distancing areas taped on the floors. All class rosters do not exceed social distancing guidelines.**

***Floors, chairs, doorknobs, and other high touch surfaces will be sanitized between each class.**

***If necessary, in person students will be rotated between the studio and Zoom classes to make sure that everyone who wants in person instruction gets it while still maintaining social distancing requirements**

***While in the studio, students will maintain social distancing. Each student will have their own box that is more than the recommended six feet by six feet.**

***The students will check in, have their temperature checked, and be brought to their classroom by a teacher/assistant teacher.**

***At this time, all students 3 and up are required to wear masks when indoors. Classes will be structured to allow students mask breaks. All students need to bring two masks so that a mask may be replaced if the student sneezes into the mask.**

***Anyone entering the building will have their temperature taken and sanitize their hands at entry.**

***All staff will wear masks when in the building.**

***All staff must comply with social distancing and hand-washing protocols and will refrain from entering the building if they are experiencing any of the pre-screen symptoms listed on the health screening checklist.**

***Touchless Hand sanitizer dispensers are available in the lobby, kitchen area and Annex.**

***All Bathrooms and the kitchen area are equipped with touchless faucets, soap and paper towel dispensers.**

***Dancers should have all dance shoes in a ziplock bag and limit bringing in their dance bags when possible.**

***Students with multiple pairs of shoes, must sanitize their dance bags each day.**

***End of class treats will be individually wrapped.**

*** Students must limit the amount of personal items brought into the dance studio. This is to avoid bringing further outside contaminants into the facility.**

*** Water bottle filling will be prohibited. Students are allowed to bring multiple water bottles, but will not be allowed to fill them from water sources within the facility. Bottled water and snacks will still be available.**

***Students will not share equipment during classes. All equipment will be sanitized in between uses.**

***Students must wash hands after blowing their nose, sneezing, coughing or using restrooms.**

***Students are expected to adhere to instructions provided with respect to social distancing.**

***No parents/guardians will be allowed to stay in the studio. We will have outside drop-off, pick-up and payment procedures.**

***Student drop off will begin 8 minutes before the scheduled class. Click here for Drop Off Procedures details.**

***Parents/caregivers must be parked in the center or tree-line spaces and waiting on the walkway along the side of the main building or parked in the parking lot and waiting on the side of the Annex at least 5 minutes before the end of class. Click here for Pick Up Procedures details.**

***Shoe lending program for those who need shoes to start the season off.**

Bathroom Procedures

***Close toilet seat lid before flushing.**

***Wash & dry hands - soap, faucets & paper towel dispensers are touchless.**

***Spray all surfaces including toilet lid, handle, light switch and doorknob with alcohol spray (spray bottle is kept on top of paper towel dispenser)**

***Turn off light**

***Do not close door**



CLASSES - In-person classes or Zoom

In-Person Classes

If you are ready to come into the studio for In-Person classes, we have them! Our rooms are set with larger than required social distancing spaces. Each dancer will have their own space big enough to dance or tumble in.

At this time all teachers and students 3 and over are required to wear masks inside the studio buildings. Mask and water breaks are safely given regularly.

Zoom Classes

If you are not ready to come into the studio each class has a Zoom option. You or your child will take class along with their friends from the comfort of your home. We just ask that the student is provided with a well-lit, quiet space with enough room to safely move and a device large enough to see the instructor. Casting the personal device to a TV is the best option but a larger tablet or computer screen will work too. Zoom may also be used if the student is feeling unwell.

Unsure

Unsure if you are ready to come to In-Person classes? Please read all of our safety measures that we have implemented to keep our dance families safe and healthy. We are especially excited to share the information about the Halo Air Scrubbers which sanitize the air and surfaces and will kill viruses within 3 feet of a cough or sneeze!

Wellness Policy

*At Casa Dance Studio, our students are involved in many things; school, dance, sports, drama and other activities, so we like to share tips on how to avoid and limit the spread of all the nasty bugs that kids get. Our studio is thoroughly cleaned and disinfected every day but please remember that many people come through the studio each day. Sometimes they have a bug and don't even know. We have many nurses in our dance family who have offered to help in any way possible. If your child has one of these pesky bugs, take the time to treat it. Prevent the spreading of nasty bugs by keeping your child home for at least **24 hours after** fever or vomiting has stopped. Remember how you feel when your little one or when you get a not so fun surprise from a friend!*

Cold, Flu, Covid

- Keep your child, family member, or yourself home if sick
- Keep your child, family member, or yourself home if you have had a fever within 24 hours minimum. 48 hours is best!
- Wash your hands frequently.
- Cough & Sneeze like a VAMPIRE! We use our hands to touch things. This is the best way to stop germs spreading when you can't cough/sneeze into a tissue
- Focus on your nutrition. Fruits and veggies help bodies stay strong to fight off nasty bugs.
- Keep your hands to yourself and abide by social distancing guidelines!
- Get enough rest

Stomach Bug

- Keep your child, family member, or yourself home if they have the stomach bug
- Keep your child, family member, or yourself home if you have been throwing up within 24 hours minimum. 48 hours is best!
- Wash your hands frequently.
- Keep your hands to yourself!
- Pay attention to how you feel.

Lice

- Check your child's hair on a regular basis
- Keep hair secured up fully
- Use tea tree oil or mint in hair
- Don't share hairbrushes, hair ties, hats, etc

- Don't share hoodies.
- Keep your heads and hair to yourself.
- If your child, family member, or yourself have Lice treat it and stay home 48 hours after treatment.
- Continue to treat and check hair for a month after initial treatment
- Follow the instructions for treatment.

Ringworm

- Keep your skin clean & dry
- Do not share unwashed clothes or tights with others.
- Keep your clothes, especially those used in physical activities, clean
- Wash your hands thoroughly after digging in soil.
- Talk to your doctor if your child has unexplained red or itchy skin.
- Follow doctor's treatment plans
- Cover up infection completely once doctor approves rejoining extracurricular activities

If you or your student has been exposed to someone who is sick (any illness, not just COVID) please stay home. Your student may attend class via Zoom.

If your student will not be attending an in-person class and needs to attend via Zoom please notify the studio by 2pm the day of their class.

Please refer to the Health Check Questions below to help in deciding between in-person and Zoom classes.

Health Check Questions to consider – IF YOU ANSWER YES TO 2 OR MORE SYMPTOMS DO NOT COME TO IN-PERSON CLASSES.

Within the last 48 hours have you or anyone you are in regular contact with had or have:

Cough	YES ____ NO ____
Shortness of breath	YES ____ NO ____
Fever	YES ____ NO ____
Chills	YES ____ NO ____
Repeated shaking with chills	YES ____ NO ____
Muscle pain	YES ____ NO ____
Headache	YES ____ NO ____
Sore throat	YES ____ NO ____
New loss of taste or smell	YES ____ NO ____
Vomiting	YES ____ NO ____
Diarrhea	YES ____ NO ____